



Foundation News

March 31, 2006

410-328-GIFT (4438) • www.ummsfoundation.org



Get Fit Maryland is gearing up again this year to fight obesity and diabetes while promoting cardiovascular health. The three-month walking program, from April through June, challenges participants to walk 10,000 steps a day (roughly five miles).

The University of Maryland Medical Center, the University of Maryland School of Medicine, and Merritt Athletic Clubs would like to thank the following financial sponsors:



Thanks to everyone who signed up this year and good luck on your quest for more steps and fewer calories!

Weinberg Floors Open House

On Friday, April 7 there will be an open house to celebrate the opening of the upper floors in the Weinberg Building—floors 5, 6, and 7. Come celebrate the completion of the building at an employee/medical staff open house from 7-9 a.m. and noon-4 p.m.

Tours will be available of the Medical Intensive Care Unit (MICU), which is set to open later in April on Weinberg 7. In May, the Cardiac Surgery Intensive Care and Telemetry Units will open on Weinberg 6 and in June, the General Surgery and Cancer Surgery Unit will open on Weinberg 5.

Ways to Give to UMMS: Stocks, Bonds, and Mutual Funds



When you make a gift to the UMMS Foundation of appreciated securities (stocks, bonds, or mutual funds) that you have owned for more than one year, you are entitled to two important tax benefits. You may take a charitable income tax deduction for the full amount of the fair market value of the securities when you itemize your tax deductions and you avoid paying any tax on the capital gain that would have been due on the increase in the value of your securities. The greater the appreciation your particular securities have accrued, the greater your tax benefits will be when you make your gift.

How can you give appreciated securities to UMMS?

There are several ways to make this type of charitable contribution. Before you initiate the securities gift process, please contact the UMMS Foundation to ensure that your gift will be properly recorded and acknowledged and to provide the following information:

- \$ the name of the securities and the number of shares you intend to give
- \$ the purpose for which the gift is intended
- \$ any special instructions concerning the transfer of the securities.

For more information about appreciated securities or any other type of gift, please contact the UMMS Foundation office at 410.328.5770 or make a contribution online at <http://www.ummsfoundation.org/contribute>

Upcoming Events...

April 1, 2006
April 22, 2006
May 20, 2006

Beating Cancer Bash, Rosedale Gardens, 8pm
A Night for Heroes – Shock Trauma Gala, Baltimore Convention Center, 6pm-Midnight
Dr. Michael Feinglass Cancer Foundation Bowl-A-Thon, Timonium Lanes, 6:30pm

For more event information, go to <http://www.ummsfoundation.org/calendar/events.html>